



# Mrs. Hall's First Grade Weekly News



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Plan Time: 12:55 - 1:45

## A Healthy Body

Reading and learning about The Human Body this week we explored: Five keys to Health and The Food Pyramid. What an amazing and complicated network our Human Body is!

5 Keys to a Healthy Body

- 1. Eat Well
- 2. Exercise
  - 3. Sleep
- 4. Good Hygiene
- 5. See a doctor yearly for check-ups

### COUNSIELLOR

Mrs. Deppe, our school counselor, visited us this week with a lesson on Self-Control

We enjoyed listening to the story Clark the Shark and then we worked to identify selfcontrol and no self-control pictures for following school expectations.

Mrs. Deppe visits our classroom every other week.

This week we've continued our work through Module 1: counting, comparing and addition.

We have been working very hard to build our number sense knowledge - what numbers look like, how many is the number, counting up and back, as well as, identifying two parts and putting them together for total.

Creating number bonds (two parts and a whole) and number sentences (numbers and symbols) have led us to the mathematical strategy of counting on. We've explored using our fingers, pictures, cubes and a number path (number line) as a math tool to help us start with our first number and count on for a total (answer).



### AMP Rotation

9/30-10/4

Mon. PE

Tues. Art

Wed. Music

Thurs. PE

Fri. Art





We are 28 Days Smarter!

### **FVFRY DAY COUNTS**

JC Schools Attendance Matters

Regular attendance is essential for students to gain academic and social skills they need to thrive.

JC Schools is placing a renewed emphasis on the importance of daily attendance.

### THANK YOU .....

To all that participated in and supported Belair's PTA through the Running of The Bulldogs fundraiser.

Evelynn, Mateo, Natalie, Raegan, Kelisha, Gavin and Beau celebrated their \$20+ donation to PTA by silly stringing Mr. Shalz at our monthly assembly Friday morning.



X Library Day --

Monday, September 30th. Please return library books so news ones can be checked out!

Field Trip Permission

Slip and money due back -- Wednesday, October

National Walk to

School Day --Wednesday, October 2nd

